

August News

SPECIAL EVENTS AT THE SENIOR CENTER:



COOKING CLASS: MONDAY, AUGUST 5TH, @ 1:00 PM. Cooking class will be featuring Raspberry treats including gluten free & diabetic. If you have any favorite berry recipes, berries of all kinds, please bring them along with you that day to share with the group.



KNOW YOUR NUMBERS: Mary Williams will be here on **Thursday, August 8th @ 10:30am** to discuss how important it is to know your numbers for heart health, three numbers that can change your life – Blood Pressure, Cholesterol & Waist Size.



SATURDAY EUCHRE CARD PARTY: Cards will be dealt on **Saturday, August 10th, 2013 @ 7:00 pm.** Come and join the fun!! Public is always Welcome.



LUNCHEON OUTING & SHOPPING: On Thursday, August 15th, leaving the Center at 9:15am we will be traveling to the great city of Baraboo!!! We will be shopping at Wal-Mart and Farm & Fleet. Lunch will be at 11:30am at Quindt's Towne Lounge And Eating House, where they have wonderful food. Call 437-6902 to sign-up, seating is limited. There is a \$3.00 bus fee, bring shopping and lunch money too!! **HURRY CALL, BEFORE THE BUS IS FULL!**



PEGGY SCHAEFER – MIRICLE EAR: **On Monday, August 19th at 9:00 am:** Peggy from Miracle Ear will be here on the third Monday of each month offering cleaning and checking of hearing aid equipment free of charge. No appointment needed.



BINGO: Friday, August 23rd @ 12:30pm is our monthly "Bingo". If you would like to have lunch with us this day before bingo, please call the Center at 437-6902 to make a reservation so we have enough food for everyone. **This month's bingo is sponsored by: Comfort Keepers, thank you so much for sponsoring this huge monthly event!! Everyone enjoys the socializing, prizes and treats at this event.**



MANY THANKS: The Mount Horeb Senior Center would like to **"Thank"** The Mount Horeb Lion's Club for their birthday cake donation. Many thanks to everyone who baked all the wonderful treats for the brat/bake sale and to everyone who worked at the stand, it takes a team to run a successful sale, we could not raise money without everyone's help!! Thanks Again!!!



SENIOR CENTER WISH LIST: Coffee, Stamps & Bingo Prizes.



WATCH FOR THESE UP-COMING EVENTS: Tia Chi Classes with Joan Pape October 4th -November 8th, 9:30-10:15am, call the Center to get your name on the list for these great classes. Craft classes featuring holiday crafts. September will be a fall craft, November will be a Thanksgiving craft and December will be a Christmas craft. **Do you have any suggestions on how to make your newsletter better? Call Jane and let her know your ideas!!**

